



National Défense
Defence nationale

The Cameron Highlanders
of Ottawa
2 Queen Elizabeth Drive
Ottawa, ON K2P 2H9

1000-3 (CO)

1 August 2008

To All Unit Members

FALL TRAINING CAMPAIGN – CAMERON HIGHLANDERS OF OTTAWA

Camerons,

1. I would like to welcome you back to the start of a new training year and to let you know the key dates to set aside for training with CH of O this fall.
2. As we start the new training year, I note that a number of Camerons have successfully completed courses this summer. To those of you who attended training this summer and to those of you who as staff made it happen: Well done. Your challenge is now is to ensure that you bring the skills learned on your course to benefit the team.
3. In clearance will be conducted in three steps this year. They are as follows:
 - a. **Thurs, 28 Aug 08** – Leadership Inclearance. All Sect 2ICs and up will attend inclr at CSDH at 1900hrs Dress is FFO;
 - b. **Thurs, 4 Sep 08** – Regimental Inclearance – All to attend at 1900hrs. Dress is FFO; and
 - c. **Sat, 6 Sep 08** – Company Inclearance - You should report to Cartier Square Drill Hall at 0800 hrs on Saturday, 6 September 2008 Full Fighting Order. The day will include a 5km march in Full Fighting Order (which includes tac vest, weapon and helmet). You should ensure that you are physically prepared to complete this march. If you have a medical condition that may prevent you from participating in this march, you must advise your Section Commander or Platoon Commander no later than Friday, 5 Sep 08.
4. We have planned an aggressive training schedule for the fall. You should plan to attend the following Exercises:
 - a. Ex HIGHLAND ADVANCE (CFB Petawawa) 19-21 Sep 08 and 3-5 Oct 08;
 - b. IBTS Range Weekend – 18-19 Oct 08 (CRPTC); and
 - c. Ex TRILLIUM RESPONSE (CFB Trenton) – 7-9 Nov 08 and 14-16 Nov 08.

5. Finally, physical fitness is a Regimental priority. It is both a command and individual responsibility. The Regimental Training Plan is premised on every soldier being physically fit. The Regiment will give you the tools and support to attain and maintain the Army Fitness Standard. It is your responsibility to make it happen.

6. I look forward to working with you this year.

7. ADVANCE!

G.B. Aitken
Lieutenant-Colonel
Commanding Officer